



Contact: David Middag, Administrator
Cardiovascular Associates of Central Virginia
A Division of Medical Associates of Central Virginia, Inc.
1-434-947-5252

Heart Care Moves to New State-of-the-Art Facility

LYNCHBURG, VA . . . As of December 22, Cardiovascular Associates of Central Virginia will have a new address at 2410 Atherholt Road in Lynchburg in a recently completed facility specifically designed for the care of patients with cardiovascular disease. It will also house expanded administrative functions of Medical Associates of Central Virginia, Inc. The new location remains very close to Lynchburg General Hospital as well as the previous location on Landover Place.

Cardiovascular Associates, a full-service cardiovascular care provider, is a division of Medical Associates of Central Virginia, Inc. Internal Medicine Associates, Endocrinology Associates and Intravene, also divisions of Medical Associates, will remain in expanded quarters at their current facility.

According to Thomas Nygaard, M.D., President of Cardiovascular Associates, "This new facility enables us to provide full service cardiovascular care in a state of the art building that is specifically designed for patient comfort, convenience, and confidentiality. The need for cardiovascular care has continued to grow nationally as well as here in Central Virginia and this trend is not expected to change. The increasing need for care not only required more space but additional cardiologists and support staff."

The new building was designed by Cornerstone Architects PLC of Richmond, and the general contractor was C. L. Lewis & Company of Lynchburg. It provides a greatly improved facility, both in design and equipment. The interior is bright and spacious with additional undeveloped space for expansion. "Our most pressing need has been that of space," said David Middag, Administrator. "Anyone who has been to our office in the last several years has clearly seen how crowded we have become."

In addition to providing more clinical space, there is an increased emphasis on communicating with patients in a more confidential environment when in the office. A recent government regulation, known as HIPAA or the Health Insurance Portability and Accountability Act, requires many changes in the way patients give and receive information. Tash Phillips, cardiovascular coordinator commented on the need to gather a growing amount of information in as private a way as possible. “Our new space is designed with that in mind,” she said.

Cardiovascular Associates of Central Virginia, formerly Cardiology Associates, offers services for all aspects of adult and adolescent cardiovascular care. The latest methods for diagnosis and treatment are available from the medical team that now includes 12 board certified cardiovascular medicine physicians, all with areas of sub-specialization. There are also four nurse practitioners who provide specialized cardiovascular care. The new location is equipped for full noninvasive cardiovascular testing. Inpatient care and invasive cardiovascular treatments will continue to take place at the Stroobants Heart Center at Lynchburg General Hospital.

In addition to their new offices at 2410 Atherholt Road, Cardiovascular Associates operates Satellite Clinics at Bedford Memorial Hospital and Centra Health Medical Center-Gretna. They are also affiliated with Halifax Heart Center and Halifax Regional Hospital. Information on clinic hours and patient care at all locations are available by calling 434-947-5252. The website at www.centralvamd.com includes directions to the new Lynchburg office.

#